

## **JAM CHEER AND DANCE** *(Junior Varsity and Middle School)*

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The WACPC State JAM Cheer and Dance Championships is designed for students in junior high, middle school, and non-varsity members of high schools which would include students in grades 5-11.

### **Cheer**

- \* **JV LARGE** (12 - 36 members)
- \* **JV SMALL** (11 OR fewer members)
- \* **GRADES 5<sup>th</sup>-9<sup>th</sup>**
- \* **REC 5<sup>th</sup>-9<sup>th</sup>**
- \* **NON-STUNTING**
- \* **CHEER DANCE**

### **Dance**

- \* **JV DIVISION 1 POM** (1000 +)
- \* **JV DIVISION 2 POM** (999 OR fewer)
- \* **GRADES 5<sup>th</sup>-9<sup>th</sup> POM**
  
- \* **JV HIP HOP**
- \* **GRADES 5<sup>th</sup>-9<sup>th</sup> HIP HOP**
  
- \* **JV JAZZ**
- \* **GRADES 5<sup>th</sup>-9<sup>th</sup> JAZZ**
  
- \* **JV KICK**
- \* **GRADES 5<sup>th</sup>-9<sup>th</sup> KICK**

Participants listed on the registration form will be allowed to perform; alternates should be included and may or may not be used. Team members must be officially enrolled and attending the school of the performing team.

There are six cheer divisions. Cheer teams may choose to do the Cheer Dance routine as the only performance or as a second routine. If a team chooses Cheer Dance as a second routine, fifty percent of the original cheer team must perform in the second routine. There is a \$100 fee for a second cheer routine.

Cheer routines have a maximum of 2 minutes 30 seconds, with a minimum performance time of 2 minutes. The Cheer Dance division maximum performance time is 1 minute 30 seconds, with a minimum performance time of 1 minute.

Rec division definition – A rec team will be defined as a team that is neither a school team or an all-star team. Rec teams must follow the same rules and guidelines as school teams. Rec teams will be evaluated using the scholastic judging criteria.

There are three pom divisions, two hip hop divisions, two jazz divisions, and two kick divisions. Seventy-five percent of the original performance team must perform in the second routine. There is a fee of \$100 for a second dance routine.

Dance routines have a maximum of 2 minutes 30 seconds, with a minimum performance time of 2 minutes.