

JUNIOR VARSITY AND MIDDLE SCHOOL DANCE

The WACPC Wisconsin State JAM Dance Championships are designed for students in junior high, middle school, and non-varsity members of high schools which would include students in grades 5-11.

JAM Dance divisions include:

- * **JV DIVISION 1 POM** (950+)
- * **JV DIVISION 2 POM** (949 and fewer)
- * **GRADES 5th-9th**

- * **JV HIP HOP**
- * **GRADES 5th-9th HIP HOP**

- * **JV JAZZ**
- * **GRADES 5th-9th JAZZ**

- * **JV KICK**
- * **GRADES 5th-9th KICK**

VARSITY DANCE DIVISIONS

The WACPC Wisconsin State Dance Championships are designed for students in grades 9-12 who are current members of their school's varsity dance team.

Varsity Dance divisions include:

- * **DIVISION 1 POM** (1300 +)
- * **DIVISION 2 POM** (950-1299)
- * **DIVISION 3 POM** (575-949)
- * **DIVISION 4 POM** (375-574)
- * **DIVISION 5 POM** (374 and fewer)

- * **HIP HOP DIVISION 1** (950+)
- * **HIP HOP DIVISION 2** (949 and fewer)

- * **JAZZ DIVISION 1** (950+)
- * **JAZZ DIVISION 2** (949 and fewer)

- * **KICK DIVISION 1** (950+)
- * **KICK DIVISION 2** (949 and fewer)

PERFORMANCE CLARIFICATIONS

Dance routines will be performed on a regulation basketball court. Maximum performance time is 2 minutes and 30 seconds and minimum time is 2 minutes with a +/- 5 second margin of error for timing.

There are four dance divisions: Hip Hop, Jazz, Kick, and Pom. The standard entry fee entitles your team to compete in one division. Teams may enter in one or two different divisions, with at least seventy-five percent of athletes who performed (competed) in the first routine, are required to perform in the second routine. Teams not meeting participation criteria will be disqualified. There is a \$100 fee for the second routine.

Breaks within these divisions are based on the WIAA 9-12 school enrollment, found in the current WIAA high school directory. The enrollment figures pertain to the previous year's enrollment on the third Friday of January, as reported to the WIAA office.

Alternates should be included on the registration form and may or may not be used. Scholastic team members must be officially enrolled and attending the school of the performing team.

OVERALL IMAGE

Suggestive, offensive, or vulgar choreography and/or music are inappropriate for family audiences and therefore, lack audience appeal. Routine choreography should be appropriate and entertaining for all audience members.

Vulgar or suggestive material is defined as any movement or choreography implying something improper or indecent, appearing offensive or sexual in content, and/or relaying lewd or profane gestures or implications. Inappropriate choreography affects the judges' overall impression of the routine. Please make sure all choreography is age appropriate.

Apparel must be age appropriate. Midriffs and undergarments must be covered for scholastic teams. Shorts must be long enough to cover nylon cotton panel and cheeks. Tops must not expose cleavage. Lingerie type dresses are considered inappropriate.

All of the above overall image concerns could result in a violation or disqualification.

DANCE CATEGORY DESCRIPTIONS

ALL of the following dance categories have a maximum routine time limit of 2 minutes and 30 seconds with a minimum time of 2 minutes with a +/- 5 second margin of error.

POM

Specific elements of a Pom routine:

- Poms are the **ONLY** prop allowed in this category
- Poms are the main focus and should always have a purpose
- Poms are required for a minimum of 90% of the routine
- Clothing needs to be appropriate for family viewing; please review NFHS Rule 2-2-4
- Choreography should feature the poms by creating visual effects/pictures
- A visually exciting routine incorporates a variety of movement, levels, group work, formations, and rhythms
- The overall style of the moves should be clean and precise, with an emphasis on group synchronization

HIP HOP

Specific elements of a Hip Hop routine:

- The overall style of the routine should be high energy dance, with focus on strong, precise movements and “attitude” appropriate for family viewing
- Clothing needs to be appropriate for family viewing; please review NFHS Rule 2-2-4
- Choreography should feature athletic, grounded/low, tight movements to a driving beat
- A dynamic hip hop routine incorporates a variety of movement, rhythms, levels, group work, tricks, and formations

JAZZ

Specific elements of a Jazz routine:

- The overall style of the routine should be well-executed, technical movements with focus on balance, flexibility, control, and body alignment and extension
- Clothing needs to be appropriate for family viewing; please review NFHS Rule 2-2-4
- Choreography should feature proper dance technique
- The routine should reflect the mood and general theme of the music
- The routine should include a variety of turns/spins, leaps, and jumps; effective use of floor space; and creative/original choreography

KICK

A **kick** is defined as a lifting of your toe or foot off of the floor from a standing position and extending one leg to the front, side, or back with the foot in a pointed or flexed position. A **high** kick is considered to be any kick that extends above the waist.

Specific elements of a Kick routine:

- The focus of the routine should be on proper kick form, technique, posture, uniformity and height/flexibility
- The routine should include a variety of connections, transitions and formations and creative/original choreography
- Fifty or more kicks are required by the **entire** team
- Sixteen or more **high** kicks are required by the entire team
- Every dancer must at some point in the routine perform the 50 kicks and 16 high kicks.
- Clothing needs to be appropriate for family viewing; please review NFHS Rule 2-2-4
- Poms may or may not be used